








# Birch Grove Community School #4145

## October 2024

Angie Fernlund, BGCS School Cook Extraordinaire

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Pepperoni Sliders Parmesan Zucchini Chips Green Salad w/Dressing Choice Fruit Milk/Water</p>	<p>2</p> <p>Cold Lunch from Home Lunch Outside!</p> 	<p>3</p> <p>Breakfast Sausage Taquitos Hashbrowns Cinnamon Twists Fruit Milk/Water</p>	<p>4</p> <p>Meatball &amp; Rice Casserole Dinner Roll Green Salad w/Dressing Choices Fruit Milk/Water</p>
<p>7</p> <p>Chicken Nachos Corn on the Cob Green Salad w/Dressing Choices Fruit Milk/Water</p>	<p>8</p> <p>Spaghetti Garlic Bread Green Salad w/Dressing Choices Fruit Milk/Water</p>	<p>9</p> <p>Cold Lunch from Home Lunch Outside!</p> 	<p>10</p> <p>Big Mac Pizza Roasted Vegetables Green Salad w/Dressing Choices Fruit Milk/Water</p>	<p>11</p> <p>Chicken Parmesan Bake Broccoli Green Salad w/Dressing Choices Fruit Milk/Water</p>
<p>14</p> <p>Pancakes w/Maple Syrup Scrambled Eggs Bacon Fruit Milk/Water</p>	<p>15</p> <p>French Bread Pizza Green Beans Green Salad w/Dressing Choices Fruit Milk/Water</p>	<p>16</p> <p>Cold Lunch from Home Lunch Outside!</p> 	<p>17</p> <p><b>No School</b> <b>MEA</b></p>	<p>18</p> <p><b>No School</b> <b>MEA</b></p>
<p>21</p> <p>Walking Beef Tacos Corn &amp; Black Bean Salad Fruit Milk/Water</p>	<p>22</p> <p>Orange Chicken Rice Cucumber Salad Fruit Milk/Water</p>	<p>23</p> <p>Cold Lunch from Home Lunch Outside!</p> 	<p>24</p> <p>Ravioli Lasagna Roasted Vegetables Caesar Salad Fruit Milk/Water</p>	<p>25</p> <p>Enchiladas Chips &amp; Salsa Green Salad w/Dressing Choices Fruit Milk/Water</p>
<p>28</p> <p>Ham &amp; Cheese Roll Ups Tater Tots Green Salad w/Dressing Choices Fruit Milk/Water</p>	<p>29</p> <p>Crescent Roll Hot Dogs Pasta Salad Roasted Carrots Fruit Milk/Water</p>	<p>30</p> <p>Cold Lunch from Home Lunch Outside!</p> 	<p>31</p> <p>Cheese Quesadillas Corn Green Salad w/Dressing Choices Fruit Milk/Water</p>	